



Parent or carer? Need advice or support?

Help is at hand at

www.norfolk.gov.uk/familyhubs and
www.justonenorfolk.nhs.uk/family-hubs



There's lots of services working to support families across Norfolk. We're bringing them together in what we're calling Norfolk Family Hubs.

This means that if you're a parent or carer you can get all the information, advice and support you need, when you need it.

You can find info on:

- Parenting
- Pregnancy
- Money and work
- Learning
- Days out and activities and loads more

From the minute you know you're having a baby, right up to your child's 19th birthday (25 if your child has special educational needs), Norfolk Family Hubs are here to help.

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